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# 5 Ways to Speak With Confidence

“Simple, practical tips to help you speak clearly and confidently in any situation.”





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## communiclarity<sup>TM</sup>

## 5 Ways to Speak With Confidence

Most people don't struggle with ideas. They struggle with communicating them clearly and confidently.

Use these 5 simple strategies to speak with clarity and confidence.

### 1. Know your key message

Decide the one thing you want people to remember. Clarity builds confidence.

**Try this:** Write one clear sentence before your next meeting or presentation.

### 2. Prepare your opening line

Confidence starts before you speak. A clear opening sets the tone and helps you settle.

**Try this:** Practice your first sentence out loud. Keep it simple and direct.

### 3. Pause and breathe

Silence and pausing gives you control and helps your audience absorb your message.

**Try this:** Take a slow breath before you begin speaking, and pause after key points.

### 4. Speak to serve, not to impress

When you focus on helping your audience, nerves fade. Focus on value, not perfection.

**Try this:** Before you speak, ask: How can I help this audience with what I'm about to say?

### 5. Use relatable examples

Stories and everyday examples make your message memorable.

**Try this:** Replace one piece of information with a real example or metaphor to explain.

**You don't need to be perfect; just clear, calm and real.**

**If you'd like to communicate with more clarity and confidence, I'd love to help.**

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