



michael ekert

Signature Workshops and Training

Interactive workshops that deliver lasting impact and measurable results.



Enquire or Book Michael:

 me@michaelekert.com |  +61 499 767 797 |  www.michaelekert.com



Signature Workshops

Workshops turn ideas into action. Through interactive experiences, discussion, and reflection, participants gain practical tools they can apply straight away. Each session is designed to create meaningful shifts in mindset and behaviour, helping individuals and teams work smarter, connect better, and achieve lasting results.

Harmonise: The Connection Key

Stronger teams start with better connection. This workshop helps people understand communication styles, improve handovers, and build shared trust across teams.

Participants gain tools to:

- Recognise and adapt to different communication styles
- Strengthen collaboration and reduce miscommunication
- Build habits that foster clarity, respect, and connection



Inspire: Speak with Impact

Confidence isn't about being the loudest voice; it's about being clear, authentic, and engaging. Learn practical delivery skills that make every message count.

Participants gain tools to:

- Structure messages that land and stick
- Communicate confidently under pressure
- Adapt delivery to suit different audiences



Unite: The Collaborative Edge

Break silos and boost trust. Communication strategies that strengthen cross-team relationships and shared accountability.

Participants gain tools to:

- Build psychological safety and trust
- Improve cross-team communication rhythms
- Foster collaboration that lifts performance





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Accelerate: Supercharge your Focus

In a world full of distractions, focus is your competitive edge. This workshop helps participants manage attention, energy, and priorities to perform at their best

Participants gain tools to:

- Identify and eliminate common distractions
- Improve focus and productivity through structure
- Maintain energy and momentum throughout the day



Influence: The Art of Sales

Influence is built on connection. This workshop equips sales teams and leaders with tools to communicate clearly, build trust, and inspire action.

Participants gain tools to:

- Ask better questions that uncover real needs
- Adapt communication styles to different buyers
- Strengthen influence through connection and clarity



Empower: Lead from Within

Leadership starts from the inside out. This workshop helps leaders strengthen self-awareness, communicate with clarity, and build stronger, more connected teams.

Participants gain tools to:

- Lead with influence, not just authority
- Navigate feedback and tension with calm and clarity
- Foster team cohesion by modelling desired behaviours



Each workshop is shaped around your team's needs, culture, and real-world challenges.

Let's create a session that moves your team forward.