



michael ekert

Before You SpeakTM

Why conversations stall
before a word is said





michael ekert

Before You SpeakTM

The Keynote Promise

What happens before you speak shapes what happens next.

Before You Speak explores the human dynamics that shape every interaction, often without us realising. Michael reveals how greater awareness of what's happening in the moment and how we show up can reduce assumptions and create better outcomes.

Key Takeaways

- ✓ Be more deliberate in how you show up
- ✓ Catch yourself before you react
- ✓ Listen to understand, not respond
- ✓ Influence without needing to convince
- ✓ Prevent avoidable misunderstandings

What They Say

"His message was simple, clear and instantly applicable to real life situations in business."

Fiona Cossill

Business Growth Coach

The Hidden Difference

Knowing what to do isn't always the problem.

Most of us already know we should listen, stay curious and avoid jumping to conclusions. The difference is recognising when automatic habits take over, and creating enough awareness to choose what we do next.

About Michael

For more than 30 years, Michael has observed why some conversations succeed while others fall short. His keynotes transform those observations into practical insights people can use every day.

Audiences leave with fresh perspectives, greater awareness and simple ways to approach the conversations that matter.



The conversation starts before you speak. So do the results.

Let's Start the Conversation:



me@michaelekert.com |



+61 499 767 797 |



www.michaelekert.com